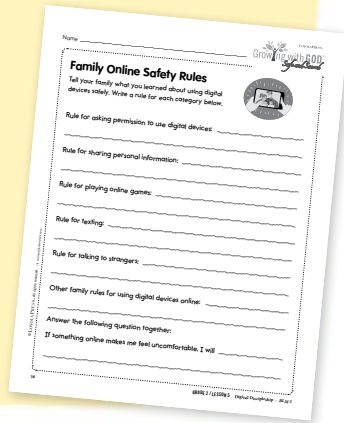


Digital Discipleship

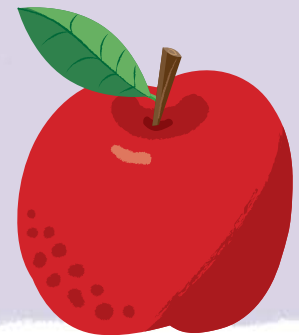
Online Safety

Guide your child in using digital devices and the internet safely. Discuss your family's online safety rules or use the handout to establish your family's online safety rules. Ask your child if he or she has any questions about how to stay safe when using digital devices and the internet.



Telling the Truth

Remind your child that it is important for him or her to be truthful about anything that happens online. During an after-school snack, explain that some people post inappropriate content online or may contact us online even if we don't know them. Instruct your child to tell you right away if he or she sees anything scary online or if someone you don't know contacts him or her.



What Might Happen If We Make Unsafe Choices Online

It is important that children understand the possible consequences of making unsafe choices online. Discuss what might happen if your child shares a password with a friend or clicks on a link without asking permission first.



Following Jesus' Example

Explain to your child that the gifts of wisdom and understanding we receive from the Holy Spirit help us follow Jesus' example of being loving and thoughtful when we are online as well as in person. Pray a prayer of your own, asking Jesus to help your child think before he or she makes choices online. Begin and end the prayer by praying together the Sign of the Cross.

Name _____

Family Online Safety Rules

Tell your family what you learned about using digital devices safely. Write a rule for each category below.



Rule for asking permission to use digital devices: _____

Rule for sharing personal information: _____

Rule for playing online games: _____

Rule for texting: _____

Rule for talking to strangers: _____

Other family rules for using digital devices online: _____

Answer the following question together:

If something online makes me feel uncomfortable, I will _____
